

CY SELECT NEWS

A NEWSLETTER FROM DES MOINES'
BIGGEST GIRLS BASKETBALL PROGRAM

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From the Owner

With the start of the Fall/Winter season underway we are ExCYted to keep building from a spring/summer AAU season to remember. Our program grew immensely during this time and this is something everyone involved with the Wolves should be proud of. With so many new faces at Fall Skills, it makes us happy add this to the fact we have so many returning players makes us proud to know our returning parents believe in our philosophy, development, coaching and ability to empower their young daughters. We are amped to get this season started and to keep growing and building together! With our season just weeks away all I can say is:

"Let's Gooooo!!!"
I cant wait to see everyone on the court!

Charles Young



WORK in the fall to WIN in the winter.

We've started our 10th annual installment on Fall Skills and it's a great feeling to see so many 'gems in the gym'. The energy that the girls are bringing to practice makes us excited and we believe it will carry on to the court for success in the future. As soon as the time the girls hit the gym and all the way til the end of practice, the excitement is there! The passion and desire to improve not only themselves but also their teammates is what sets our girls apart in my opinion. Whether its cheering, clapping, elbow bumps, jumping up and down these things are infectious and meaningful to me, as well as all the coaches. It is this infectious attitude that the girls bring that makes this fall season so special and each moment on the hardwood court cherished. This time of year is when the groundwork for teams is built and skills are polished for the upcoming season!

Charles Young



MUCH LOVE

to our "Wolves 1st Ladies"!

This summer we said goodbye to our first group of young ladies withing the CY Select Wolves program. We started this group from the beginning, now they've grown up and left the pack. These girls and families have become lifetime friends through the game of basketball.

These young ladies hail from eight different schools but all share an incredible love for the game of basketball and their teammates. I am so thankful that the CY Wolves program could be a part of this relationship with the sport and the friendships they built.

I am proud to call these the "O.G. 1st Ladies of the Wolves", and more importantly, I thank them for all of the outstanding memories. These young ladies have given me and those around them so much to enjoyment in watching them play the game the right way.

I can not wait to see what the future holds for these ladies and look forward to seeing their life journey and sharing their LegaCY with everyone. We love you and will forever miss you young ladies. Can't wait to see you take the world by storm.

P.S. Can't wait for you ladies to come back to coach!

Charles Young



DETAILS & REMINDERS

To learn more about or pay your CY Select Program Fees, click [here](#).

Pre-Season Sunday Workouts
October 4th, 11th, 18th and 25th
12-2pm (6th - 8th grade)
2:00-3:30pm (3rd-5th grade)

Official practice starts Monday, October 19th.

Fall Skills ends Monday October 12th.

No Skills or Practice: Thursday October 15th.

Limited Edition CY Select Store and Wolves Winter Online Gear Store will be released the week of 10/15.

Tournament play starts in November.

FB: facebook.com/CYSelect

Web: CYSelect.com

Charles Young, Owner

Ashley Adams, Program Director

Andrea Jones, Skills Trainer

