# CY SELECT NEWS

# A MONTHLY EMAIL NEWSLETTER FROM DES MOINES' BIGGEST GIRLS BASKETBALL PROGRAM

#### DECEMBER 2019 | VOL. 9



#### FROM THE PROGRAM DIRECTOR

This summer we found that hustle and heart is what makes our players stand out and also defines what it means to be a Wolf! We want to continue to celebrate our Wolves this winter. Greatness can be found in many forms but this season we wanted to applaud the idea of "True Grit!" We will award this special shirt in the "Hustle and Heart" series to players that set goals and see them through to achievement, even in times of failure. This celebrates our athletes that show passion and perseverance in "the process".

We ask what is your True Grit?



CY SELECT WOLFPACK EVENT

Thanksgiving is a time to reflect and remind ourselves what we are grateful for! I find myself beyond blessed when thinking about the CY Select Wolfpack Event we hosted in November. This was the first year we have provided an event of this size. We had over 140 players and more than 400 people attend the gathering at Smash Park in West Des Moines. This was a time to bond amongst parents and athletes of all ages off the hardwood.

During this time we introduced our first activity within the "Wolves Buddy Program", pairing athletes up to foster closer player relationships within the program. After Smash Park we headed to the Drake vs. ISU WBB game to watch some of the best basketball you can see in the state! I am grateful for this sport that brings so many tremendous families together, we thank you for your participation and support! The CY Select Wolves will be putting on similar Wolfpack Events every Spring and Fall!

Ashley Adams

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# G.O.A.T. TOURNAMENT

We were happy to partner with Iowa Gymrats to host the G.O.A.T ie: "Girls Only Allowed Tournament" the weekend before Thanksgiving. The event brought 12 different clubs and 45+ teams to the Des Moines area to participate in our program's 1st Annual event. The energy and vibe of the event was PHENOMENAL especially with multiple competitive games at every division.

What made the event truly special is the fact it produced a different program winning the championship at each level. Our C.Y. Select Wolves 5th Alpha secured the win in the 5th Grade Division Championship and our CY Select Wolves 8th Alpha got 2nd Place in the 8th grade Gold Division. The event was so successful it will be hosted twice a year, once in the fall/winter and in the spring/summer. We intend it to serve as a meeting grounds for programs that are looking for an exciting and competitive atmosphere as well as a fun weekend of hoops.

# **DETAILS & REMINDERS**

To learn more about or pay your CY Select Program Fees, click here.

Christmas Party Saturday, December 21st in Omaha, NE after 5:00PM. Details to come!

Last Winter practice will be held on Thursday, December 19th.

2020 Return to Practice: Monday, January 6th

CY Select Christmas Break Camp: Dec. 27th and 28th from 10:00AM-12:00PM for 3rd-8th grade boys and girls. Cost will be \$50 sign up by clicking HERE.

Kingdom Tuesday Reminders: Do not park on grass. Park only in Kingdom lots North and South of Kingdom Hoops building. Bring your own ball and water bottle.

FB: facebook.com/CYSelect Web: CYSelect.com

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