

CY SELECT NEWS

A MONTHLY EMAIL NEWSLETTER FROM DES MOINES'
BIGGEST GIRLS BASKETBALL PROGRAM

JULY 2019 | VOL. 4



FROM THE PROGRAM DIRECTOR

When I reflect about the last month for the program I find myself feeling extremely proud! The CY Select program may have found success with many championships in June, however what I am most inspired by is the growth, character, chemistry, and team bonding that was shown! All our players and their families had the opportunity to enjoy each other's company off the court. Whether it was enjoying a night at the MN Lynx game, going to the Omaha Zoo, or one of many team dinners lots of laughs were had. This is where I am not only proud but blessed knowing the CY Select Wolves is winning at more than just the game of basketball.

Ashley Adams, Program Director

Charles Young, Owner/ Coach
Sam Adams, Dir. of Development/Coach
Andrea Jones, Lead Trainer/Coach



2019 FALL/WINTER TRYOUT SCHEDULE POSTED

Preparations are underway for the 2019 - 2020 fall/winter season and the CY Select Wolves Try Out dates have been announced! The Des Moines area tryouts will be held on Sunday, August 18th at IEBT Sports Facility located at 2425 Hubbell Ave, Des Moines, IA. Advanced 2nd graders and 3rd - 5th grade girls will tryout from 2-3 pm, 6th - 7th grade girls will tryout from 3:15 to 4:15 pm, and 8th grade girls will tryout from 4:30 to 5:30 pm.

The Northern Iowa area try outs will be held on Saturday, August 17th at Estherville Lincoln Central High School, located at 1520 E. Central Ave, Estherville, IA. Advanced 2nd graders and 3rd - 5th grade girls will tryout from 11 am-12 pm. 6th - 8th grade girls will tryout from 12:30 to 2:00 pm. Please register online at: <https://www.cyselect.com/tryouts/>.
Ashley Adams



**WOLVES HIT THE ROAD
TO MEET THE COMPETITION**

The month of June was a busy one for the CY Select program. Our teams traveled to many different locations from Iowa, Minnesota, Nebraska, and Illinois to compete. Many of our teams found success and brought home championships! The 7th and 8th graders brought home 2 High School Division Championships at the MAYB Classic and MAYB Summer Jam in Des Moines. The 5th grade Beta, 7th grade Beta, and 8th grade Beta teams all won their divisions at the Midwest Girls Classic Tournament in Ames as well. The 4th grade Alpha girls won the Girls Only No Zone National Tourney in Omaha, NE. Our 4th grade Beta and 5th grade Beta team also performed well going 4 - 1 in Omaha. We ended June in Rockford, IL where the 8th grade Alpha team won the Grassroots Summer Championship Tournament. The Wolves coaches are extremely proud of the girls' performances in June and look forward to seeing their development transition into the fall and winter season.

Ashley Adams



DETAILS & REMINDERS

One practice remaining Monday, July 15. All ages 5:30 to 7:30 at IEBT in Des Moines, IA

To learn more about or pay your CY Select Program Fees, [click here](#).

CY Select Fall Skills:
September 5th - October 10th from 6-8 pm on Monday and Thursday evenings. Cost is \$150. Sign up [here](#).

SAT Fall Shooting Clinic:
Sundays, September 15th through October 6th. Cost is \$125. Sign up [here](#).

SAT training is offering small group training on Tuesdays in July. Times are in 1 hour increments from 10 am to 3 pm. To schedule, email: samadamsbball@gmail.com

Fall/Winter practices begin in Des Moines, IA on October 21st. Practices are Monday & Thursday 5:30-7 pm grades 3-6 and 7-9 pm grades 7-8.

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