

CY SELECT NEWS

A MONTHLY EMAIL NEWSLETTER FROM DES MOINES'
BIGGEST GIRLS BASKETBALL PROGRAM

SEPTEMBER 2019 | VOL. 6



FROM THE OWNER

We would like to take the time to spotlight our exceptional 2024 class of girls and our 7th grade CY Select Alpha team, who took first place at the MAYB National tournament. This group represented the biggest group of girls within our program with over 30+ players from all parts of Iowa. The work ethic from this group of girls has always been exceptional. Over the spring/summer season the hard work of our 7th grade group has never gone unnoticed. From extra skills sessions with Coach Drea to extra tournaments on-off weekends, this group has desire is like no other. Winning the MAYB National tournament as the first Iowa team ever to do so, is a highlight of their great accomplishments this spring/summer season. As a program, we could not ask for a better leader and role model than Coach Drea, as she is always working with the girls on their skills and empowering them with confidence. Going into the 2019/2020 season will be the best to come for our 2024 class and we are excited to see them continue to grow as basketball players and mentors to our younger players.

Charles Young, Owner/ Coach

Ashley Adams, Program Director
Sam Adams, Dir. of Development/Coach
Andrea Jones, Lead Trainer/Coach



WOLVES TRYOUTS RUN WITH THE PACK

The conclusion of summer and the month of August brings about an exciting time for AAU programs with tryouts being at the forefront of program happenings. The potential of adding new players shows the growth of our brand, recommendations from our families and the program's success of the previous season. For the first time we held two tryouts in two different locations. (Estherville on August 17th and Des Moines on August 18th) There is no truer way for us to assess new and returning players than introducing them to our culture of passion, aggression and controlled chaos during this time. Hearing new parents say "This was the best tryout we've been to!" makes the staff feel great about our brand of basketball. This year we grew from 3rd - 8th grade in numbers, picking up new players in all grade levels. This was a 'goal-achieved' for this season. We are pleased to have so many younger players in the program. This shows us that our mission to aid in the success and empowerment of girls in sports and life aligns with our players and their families as well. Our growth is because of these incredibly dedicated families, players, grandparents, coaching staff and the collective vision of all involved with our program.

Charles Young



2018/2019 | A LOOK BACK

The 2018/2019 basketball season is now in the rear view mirror so to speak. As I take the time to look back on this season my first thought is that it was phenomenal and nothing will be forgotten. Each year I realize how blessed I am to be able to affect the lives of so many young ladies lives on and off the court, along with my fellow coaches. I feel as coaches we have the best jobs and atmosphere to work in the world. We are able to influence youth in a game they love and teach them how to express excitement, dedication, passion, success, defeat, support and respect for the game. The term 'Sisters in Arms' comes to mind for me as I see the girls' development of friendships and close bonds with each other. These bonds are expressed naturally while playing together on the court or at team dinners and even poolside at an overnight tournament. These special bonds among our players show me the true power of our program. There's strength in working together with our families, the coaching staff and our tremendous young women who all foster a commitment of sisterhood through basketball. I look forward to the 2019/2020 season and the ability to continue to EMPOWER our young female athletes and future leaders.

Charles Young

DETAILS & REMINDERS

Try On Dates:

(*Uniforms, shooting shirts and more.)

Date: Sunday September 15th 11a-2p
ALL AGES

Makeup Date: Monday September 16th
6p-8p ALL AGES

Location: IEBT Sports Facility

MANDATORY SUNDAY PRACTICES:

Dates: Sunday October 13th and 20th

Times: 12p-2p (2nd-6th) 2p-4p (7-8th)

Location: IEBT Sports Facility

MANDATORY PARENT MEETING:

Date: Sunday October 13th

Time: 1:45p-2:15p (ALL AGES PARENTS)

Location: IEBT Sports Facility

To learn more about or pay your CY Select Program Fees, [click here](#).

CY Select Fall Skills:

September 5th - October 10th from 6-8 pm on Monday and Thursday evenings. Cost is \$150. [Sign up here](#).

SAT Fall Shooting Clinic:

Sundays, September 15th through October 6th. Cost is \$125. [Sign up here](#).

Fall/Winter practices begin in Des Moines, IA on October 21st. Practices Monday & Thursday 5-7 pm grades 3-6 and 7-9 pm grades 7-8 at IEBT Sports Facility. Tuesday skills practice at JC All Sports in Urbandale.

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