

CY SELECT NEWS

A MONTHLY EMAIL NEWSLETTER FROM DES MOINES'
BIGGEST GIRLS BASKETBALL PROGRAM

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FROM THE OWNER

As our winter season comes to an end we are thankful for all the families that have invested their time and energy supporting our program this year. We have witnessed growth in all of our players and are excited about the direction of our program headed into the spring/summer season. We value how basketball connects everyone and helps us build what is most essential to our program: a stronger Wolfpack. As we prepare for the spring/summer season we are excited to add new families, grandparents, uncles, aunts, nieces and nephews to our existing Wolfpack families so we may continue to Build Our LegaCY. Because in the end, "WE ALL WE GOT."

Charles Young

PROGRAM ADVERSITY TURNS INTO PROGRAM TOGETHERNESS

In the month of January, our program faced a tremendous amount of adversity due to injuries and illnesses. This is something all programs have deal with at one point, however within our program this year, these setbacks seemed to come in large numbers at an alarming rate. We watched each week as multiple teams were reduced to 4-5 players that were able to play on rosters that consistently hosted 8-9 players.

The character of our program was revealed as we had to ask families to change their schedules days or hours before game times to fill in and help teams during their weekend off or during the same tournament. The last weekend of January stands out in my mind because four of our teams had ONLY six players on their rosters and to make this happen girls were pulled from five different teams to cover all the games. These adjustments went as smoothly as possible and can be attributed to the understanding and helpful families within our program.

We are extremely grateful for all who eagerly helped in the efforts to assemble teams and keep playing amidst the chaos. It holds true that it "takes a village to raise a kid" and I know it takes amazing families to build a program like ours.

Charles Young



TRUE GRIT AWARD REVEALS TEAM CHEMISTRY AND GREAT KIDS

The Hustle & Heart award program has proven to be a successful way to celebrate and honor our Wolves players for their dedication, work ethic, commitment and heart. This season we have focused in recognizing their "True Grit" which we've defined as "perseverance through a difficult situation". In January, we had a first for the program during the post-practice awards recognition. The coaches typically nominate the girls based off a behavior they've exhibited to deserve the award and t-shirt.

Last month for the first time three Wolves players all spoke up during the award recognition and nominated one of their teammates. The three players (5th graders) talked about why their teammate deserved this award in front of the entire program and coaching staff. This was one of the most rewarding moments in the Wolves program this season. Witnessing young, strong-minded female athletes stand up and nominate a teammate for an award and to hear these girls speak so proudly and in great detail of why their teammate was deserving was so fulfilling. In the current environment of youth sports that seems to be so much about "me, myself, and I" This was one of the best moments for me as a coach. Congratulations Emily Nelson! What a true honor to be chosen by your peers, well deserved!

Ashley Adams

DETAILS & REMINDERS

To learn more about or pay your CY Select Program Fees, [click here](#).

Winter 2020 Last Practice Dates:

Feb. 11th Skills at Kingdom

*Monday 2/17 and Thursday 2/20 Last Practices in DSM will include all ages from 5:00-7:00 PM, no late practices.

Feb. 25th Team Practice in Estherville

Feb. 26th Team Practice in Algona

March 8th: Spring/Summer Try Outs

(3rd - 5th Only 2:00-3:00 PM *Advanced 2nd graders encouraged to attend.

*mandatory parent meeting to follow.

6th-8th Only 4:00-5:00 PM *mandatory parent meeting to follow.

*Also March 8th: Uniform & warm up try-ons for high school players and new players.

Time: 2:00-5:00 PM

March 18th - 19th: Spring Break Camp -

Time: 10:00 AM to 12:00 PM

March 22nd: First 8th Grade and High School Spring Practice

Time: 12:00-3:00 PM

April 6th: 2nd - 7th Grade Spring

Practice begins Monday and Thursday evenings from 5:30-7:30 PM

FB: facebook.com/CYSelect

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