

CY SELECT NEWS

A MONTHLY EMAIL NEWSLETTER FROM DES MOINES'
BIGGEST GIRLS BASKETBALL PROGRAM

JANUARY 2020 | VOL. 10



FROM THE PROGRAM DIRECTOR

2019: What a year to be a Wolf!
The CY Select program has undergone many changes over the past year. The coaching staff is happy with the strides we've made towards our goals as a program to provide young women with the most elite basketball training and opportunity in the state. The changes that were introduced to the program in 2019 have helped lay the ground work to build on our LegaCY. The road ahead for the Wolves is bright and exciting. We ended the year in Omaha, NE where we found success and some great times! The program enjoyed our annual Christmas Party and gift exchange. We had 3 Wolves teams bring home championships to close out 2019! The coaching staff could not be more excited to see what 2020 brings!

Ashley Adams

CY SELECT H.S. WOLFPACK MEETING

Exposure, Travel and Excitement in 2020.

We are excited to start preparing for our biggest high school spring/summer season yet! With the continued success of our program comes high expectations. It is our goal to grow and to provide our athletes with a platform to be recognized by college coaches of all levels. We will bring opportunities to compete and be seen by these college coaches, media outlets and scouts from the Midwest and beyond.

We are proud to showcase the unique ability of the Wolves program to develop varsity-ready players as they enter their high school careers as freshman.

All 18 freshmen within our program are on varsity rosters at their respective schools. We are proud to provide these young women the chance to showcase their talents in the upcoming spring/summer season and BE SEEN.

Charles Young



HIGH SCHOOL PLAYERS' SUCCESS & THE ROAD TO THE WELL

Over the first half of the high school basketball season here in Iowa our CY Select Wolves young female athletes are making huge impacts on their high school teams ranging from Class 1A to Class 5A.

Our girls are represented on a top 15 team in every class in the Iowa High School Girls Basketball rankings. Several of our players are a top 3 contributor on their high school team in either scoring or rebounds.

The success of these girls can be attributed to their tireless preparation during the spring/summer season and competing against each other at every practice. Plus, as we know, they are playing against some of the best girls in the Midwest! It is easy to see why ALL our high school girls' teams are having great seasons.

With our players having so much success on the court this season, we are looking forward to the Iowa High School Girls State Basketball Tournament and seeing a number of our girls playing down at Wells Fargo Arena in March!

Charles Young

DETAILS & REMINDERS

To learn more about or pay your CY Select Program Fees, [click here](#).

Monday, January 20th – NO PRACTICE in observance of Martin Luther King Jr. Day.

Winter 2020 Last Practice Dates:
 Feb. 11th Skills at Kingdom
 Feb. 20th Team Practice in Des Moines
 Feb. 25th Team Practice in Estherville
 Feb. 26th Team Practice in Algona

March 8th - Spring/Summer Try Outs (3rd – 8th Only) *Advanced 2nd graders encouraged to attend.
 *15 minute parent meeting to follow.

*Also March 8th – Uniform & warm up try-ons for high school players.
 Time: TBD

March 18th – 19th Spring Break Camp –
 Time: 10:00 am to 12:00 pm

March 22nd - First 8th Grade and High School Spring Practice
 Time: 12:00-3:00pm.

April 6th - First 2nd - 7th Grade Spring Practice.

FB: facebook.com/CYSelect
 Web: CYSelect.com
 Charles Young, Owner
 Ashley Adams, Program Director
 Sam Adams, Dir. of Development
 Andrea Jones, Dir. of Development