

# CY SELECT NEWS

A MONTHLY EMAIL NEWSLETTER FROM DES MOINES'  
BIGGEST GIRLS BASKETBALL PROGRAM

STATE TOURNEY ISSUE MARCH 2020 | VOL. 12



## WOLVES PLAYERS CAPTURE 1ST TEAM ALL-DISTRICT, IGCA & IPWSA ALL-STATE AND ALL TOURNAMENT HONORS

We have so many dedicated, hard-working high school players within our program. We are fortunate to coach girls who are exceptional kids and players with their skills drawing praise from coaches and sportswriters around the state of Iowa.

### **The Wolves had seven players voted 1st Team All-District:**

**Junior:** JeMae Nichols

**Sophomores:** Jaydan Nitchals, Macy Emgarten & Maddax DeVault

**Freshmen:** Audi Crooks, Quinn Grubbs & Molly Joyce.

### **Several players also found their way to the The Iowa Girls Coaches & Iowa Print Sports Writers Association 1st, 2nd and 3rd All State Teams as well as the All-Tournament Team at the State Tournament:**

JeMae Nichols 3A named 1st Team IGCA and IPWSA

Audi Crooks 1A named 1st Team IGCA and IPWSA and Captain of Class 1A All Tournament Team

Molly Joyce 1A named 1st Team IPWSA and 2nd Team IGCA and named to Class 1A All Tournament Team

Macy Emgarten 1A named 2nd Team IGCA and 3rd Team IPWSA

Jaydan Nitchals 3A named 3rd Team IGCA and IPWSA

These ladies have set the bar for themselves and are being recognized for all their Grit, Passion and Heart. In true fashion, we hope these ladies continue to embrace and spread the Wolfpack Mentality throughout our program. Congratulations on a great year!

Charles Young



### WOLVES REPRESENT AT 2020 IOWA HIGH SCHOOL GIRLS STATE BASKETBALL TOURNAMENT!

Our program boasted a number of girls who had the opportunity to play in the 2020 Iowa High School Girls State Basketball Tournament held at Wells Fargo Arena. Wolves players represented Ballard, Southeast Polk, North Polk and Bishop Garrigan schools. This effort produced 10 Wolfpack sisters in all playing for a state championship. We had seven other players nearly make "The Well", by making it to their regional final game: Exira EHK, Emmetsburg and Cherokee.

We are so proud of all of our girls who represented the Wolves program, their families and communities in a special way. We have tremendous pride in their tenacity and hard work this season. We are so proud to have girls that were on two State Runner-Up teams: \*Bishop Garrigan and \*North Polk. The best part of this is both teams were expected to be competing for a state title and they did exactly that. We are so exCYted for the upcoming spring and summer season to continue to watch the progress of all of the players in our program! And anxiously anticipate the 2021 State Basketball Tournament!

Charles Young



### DETAILS & REMINDERS

*Photographed Above/Right:  
3rd/4th Wolves-- JBC Champs!  
Photographed Above/Left:  
Wolfpack sisters taking in the 2020  
IGHSAU Basketball Tournament.*

To learn more about or pay your CY Select Program Fees, [click here](#).

March 22nd: First 8th Alpha/Beta and High School Spring Practice  
Time: 12:00-3:00 PM at IEBT

April 6th: 2nd - 8th Wolves  
Spring Practice begins Monday and Thursday evenings from 5:30-7:30 PM at IEBT

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